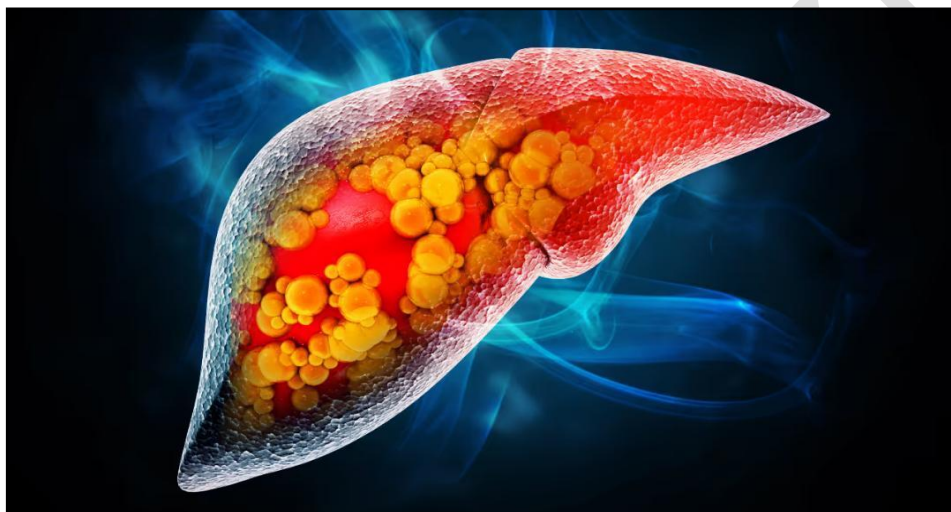


## NEWS UPDATE

Date: 15/09/2025

### **Niacin Shows Potential in Treating Fatty Liver Disease: Study**



Researchers have found that **microRNA-93** drives fatty liver disease and identified **vitamin B3 (niacin)** as an effective way to suppress it. In animal studies, niacin reduced liver fat, improved metabolism, and activated **SIRT1**, a key metabolic regulator.

Since niacin is already **FDA-approved and considered safe**, scientists suggest it could be repurposed to treat millions suffering from metabolic dysfunction-associated steatotic liver disease (MASLD) worldwide. This offers a promising and affordable therapeutic approach for fatty liver treatment.

Source: <https://timesofindia.indiatimes.com/life-style/health-fitness/health-news/fatty-liver-could-a-simple-and-cheap-vitamin-reverse-worlds-most-common-liver-disease/articleshow/123877467.cms>