



NEWS UPDATE

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Nasal Anaesthetic Spray Helps Reduce Anxiety, Pain During Surgery: Study



A new study has found that a nasal anaesthetic spray can significantly reduce both anxiety and pain in patients undergoing surgery. The spray delivers a short-acting local anaesthetic through the nasal mucosa, rapidly numbing sensory pathways and calming nerves before procedures. According to researchers, patients who received the nasal spray reported lower pre-operative anxiety scores and needed less pain medication during and after surgery compared to those who did not receive it. Experts say this approach could improve the surgical experience—especially for patients with high fear or pain sensitivity; and may reduce reliance on stronger systemic drugs like opioids. The convenience and ease of administration make nasal anaesthetic sprays a promising tool for enhancing patient comfort in clinical settings.

Source: https://health.economictimes.indiatimes.com/news/medical-devices/nasal-anaesthetic-spray-helps-reduce-anxiety-pain-during-surgery-study/128942308?utm_source=top_story&utm_medium=homepage